

PREDNISONE FOR ASTHMA



Why is prednisone used for asthma?

Prednisone treats swelling and redness from inflammation in the airways.

It is reserved for two types of asthma patients:

- For asthma attacks (usually given for 5 - 7 days)
- About 1 in 20 people with asthma use daily to control their asthma

How does prednisone work?

Prednisone and similar medicines can be given as a pill, liquid, or shot.

It begins working in a few hours to treat asthma attacks, and peak effects occur within 1 - 3 days of taking the medication.

How should I take prednisone?

Prednisone should be taken in the morning with food to reduce discomfort and stomach irritation. If you've been taking prednisone for at least 2 weeks in a row, talk to your doctor before you stop taking it.

Side-effects of prednisone

If you've been taking prednisone less than 7 days:

Feeling anxious, difficulty sleeping, increased blood sugar in 1 - 2 days, swelling in the ankles, oral thrush.

If you've been taking prednisone for more than 1 month:

Increased appetite and weight gain, thinning of rib bones and backbone, cataracts, higher risk of infection.

If need prednisone more than 4 times for asthma attacks:

You may be at higher risk of diabetes and osteoporosis.