

Inspiring Health Advances in Lung Care (INHALE): Information Sheet

INHALE is a collaborative quality initiative in partnership with Blue Cross Blue Shield of Michigan that aims to engage and empower Physician Organizations to improve patient outcomes, address inequities in care, and promote high-value health care for patients with asthma and chronic obstructive pulmonary disease (COPD).

Why Asthma and COPD?

- Michigan has some of the highest prevalence rates of asthma (11.2%) and COPD (8.9%) in the
 U.S. and continues to have significant disparities in the burden of disease.
- The economic burden of asthma in MI is estimated at approximately **\$3 billion** per year, driven by emergency department visits, hospitalizations, readmissions, and loss of productivity.

Patient Impact



Combined, asthma and COPD affect **1 in 5** Michiganders

COPD is the **3rd leading cause** of **death** by disease in the U.S.

"My asthma affects every part of my daily life. From where I can go...to what I can and can't do physically."

What Will We Focus On?



Spirometry

Improving appropriate
utilization of spirometry for
the diagnosis &
management



Medication Over Reliance

Reducing reliance on shortacting beta-agonists (SABAs) and exposure to oral corticosteroid (OCS)



Patient Education

Developing tools to improve clinician & patient understanding of disease control

Opportunities for Collaboration

By partnering with the INHALE collaborative, you will be joining a team dedicated to advancing care for individuals with asthma and COPD. Together we will achieve:

Increased accuracy of diagnosis in asthma and COPD

Increased quality performance

Decreased unnecessary healthcare utilization

Improved patient quality of life

Potential decreased cost of care



Meet the INHALE Team!

The INHALE team has rich expertise in pediatric and adult asthma, COPD, allergy, quality improvement,

and data analytics.











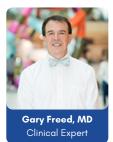


















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