



# INHALE NEWSLETTER

## Newsletter Highlights

INHALE Patient Advisory Board

Health Equity Corner

Website Updates

Lung Learning Labs

Updates & Reminders

INHALE Wins of 2023

## Patient Voices, Lasting Impact

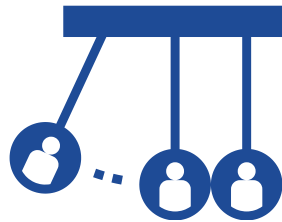
After many long months of preparation and recruitment, the INHALE Patient Advisory Board (PAB) held its first meeting in November!

### The Board

- 8 members
  - Individuals with asthma or COPD
  - Caregivers of individuals with asthma or COPD
  - Parents of children with asthma

### The Meeting

- Focused on
  - developing group norms
  - identifying the meeting cadence
  - discussing the members' "why" for joining the group.



### The Why

- to pursue a passion for education
- to raise awareness
- to assist in removing barriers to access
- to advocate for better air quality in communities
- to help improve access to affordable medications

The PAB will meet every other month and hopes to finalize the group charter, choose a group co-facilitator, and continue to get to know one another. Feel free to reach out to Meghan Spiroff with any additional questions at [mairgood@med.umich.edu](mailto:mairgood@med.umich.edu)

## Health Equity Corner

INHALE has partnered with Michigan Social Health Interventions to Eliminate Disparities, better known as MSHIELD, to advance whole-health for all people through data-driven, community-partnered, equity-centered quality improvement. One of the many services they offer is consultations for the following:

- Training opportunities
- Presentation
- Discussion about data collection
- Dashboard support
- Health equity quality improvement
- Anti-racism action plans
- Health related social needs
- Community resources
- General information about MSHIELD



To request a consultation with MSHIELD please sign up [here](#)



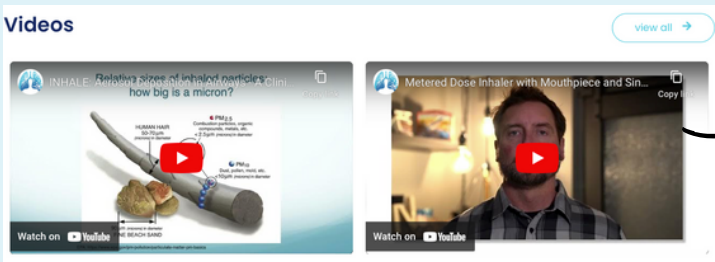
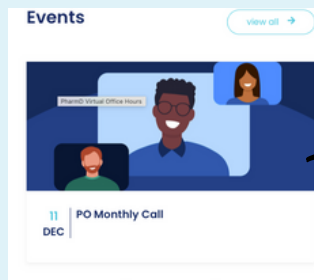
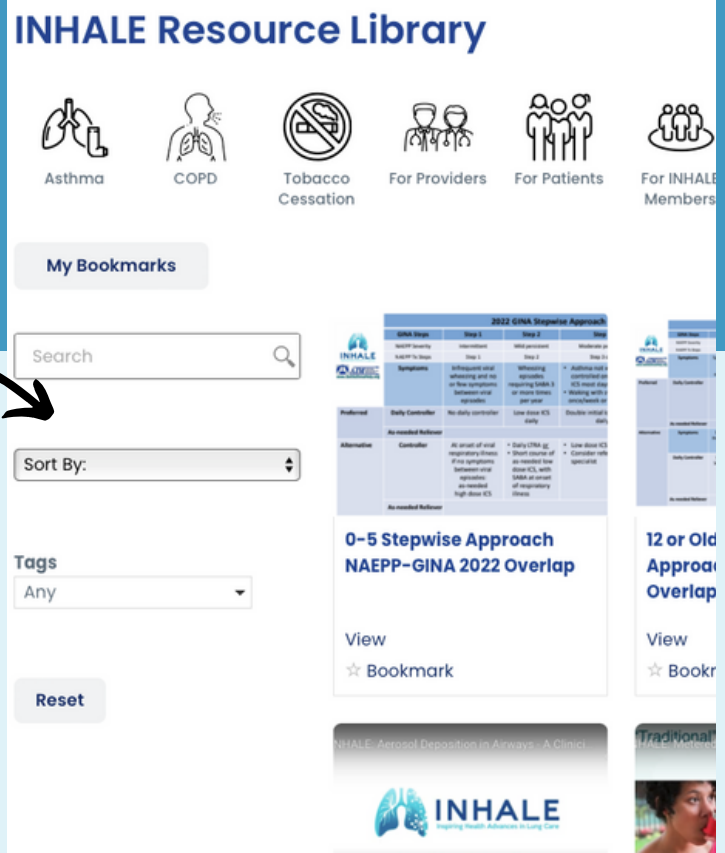
# INHALE

## WEBSITE UPGRADES

The INHALE coordinating center team has been working behind the scenes to improve the look and usability of the website!

While it's still a work in progress, we welcome your feedback on the recent changes.

There have been many changes to the resource library, including new sorting features, a bookmark option to save your frequently used resources, table and grid views, and many other upgrades! We hope the new and improved library will be of great use to our members and beyond.



Users can now quickly access INHALE newsletters, exciting events and our YouTube video library directly on the website homepage!

Easily request a consult with our pharmacist partner, Nada. Her pharmacy expertise and medication knowledge are extensive, please take advantage!

Contact INHALE with ease using the new Contact Us button. Please ensure you are completing all sections of the form before submission.

Ask the Pharmacist

Contact Us

### INHALE Hosts Inaugural Patient Advisory Board Meeting

The INHALE Patient Advisory Board assembled for its first virtual meeting on November 9th. At this meeting, the group discussed goals of the board, operating norms, meeting cadence, and each advisor's "why"

Read More

Stay up to date with the latest INHALE announcements from our homepage!





INHALE  
*presents*  
LUNG LEARNING LABS

Starting in January 2024, INHALE will be offering a monthly educational speaker series via zoom. Providers will learn about various topics from leading lung health experts.

As a reminder, the Lung Learning Labs are a requirement for value-based reimbursement. Each **practice clinical champion** and **all recruited physicians** (PCPs and SCPs) must attend **at least one** session, live or on demand in 2024, to receive points towards your VBR. Pre-registration is required for the live events and will open in the admin portal this month. CME will be offered for each attended event.

**COPD Updates**  
**January 18th**  
**12:00pm - 1:00pm**



Dr. Jill Ohar is a professor of pulmonary, critical care, allergy, and immunologic medicine at Wake Forest Baptist Health in North Carolina. She was named medical director for respiratory care, pulmonary function lab and pulmonary rehab at Wake Forest's Lexington location in 2017. Dr. Ohar has conducted research with the CDC, making strides in COPD.

Dr. Njira Lugogo, Associate Professor of Internal Medicine, is the Division of Pulmonary & Critical Care Medicine's Asthma Program Director at University of Michigan. She formerly served as the Medical Director of the Duke Asthma Allergy and Airway Center and Director of the Asthma Clinical Trials Group and Pulmonary Clinical Research Unit. She joined UofM's Pulmonary & Critical Care Medicine faculty in 2017 and currently serves as the Program Director of INHALE.



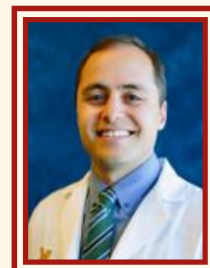
**Biologics in Severe Asthma**  
**February 22nd**  
**12:00pm - 1:00pm**

**Lung Volume Reduction**  
**March 14th**  
**12:00pm - 1:00pm**



Dr. Momen Wahidi serves as medical director of Northwestern Medicine Canning Thoracic Institute and health system director of Interventional Pulmonology. He's a renowned expert in interventional pulmonology and nationally and internationally recognized for his accomplishments in education, research and clinical care. He has published landmark studies and contributed to evidence-based guidelines.

Dr. Thomas Saba, is an assistant professor of Clinic Pediatrics and the Director of the Primary Ciliary Dyskinesia (PCD) Center at C.S. Mott Children's Hospital. As a pediatric pulmonologist, Dr. Saba specializes in asthma, bronchiectasis, and primary ciliary dyskinesia. He has extensive experience with common, as well as rare pulmonary conditions, with procedural skills to pursue advanced diagnostic testing when a diagnosis is unclear.



**Spirometry for PCPs**  
**April 11th**  
**12:00pm - 1:00pm**

# Updates & Reminders

## SAVE THE DATE

- Education Workgroup Zoom Meeting
  - **January 8th, 2024 - 4:00pm**
    - Contact Brenna at [bdressle@med.umich.edu](mailto:bdressle@med.umich.edu) to be added to the group
  
- PO Monthly Phone Call
  - **January 8th - 11:00am**
  - **January 10th - 2:00pm**
  
- PO Recruitment Webinar
  - **February 1, 2024**
    - More details to come soon
  
- Lung Learning Lab - Session 1
  - **January 18th, 2024 - 12:00pm-1:00pm**
    - Registration will open in the admin portal mid December

Ordering for your practice resource bags is now open on the INHALE website!

**ORDER NOW**

### Resource Bag Order Form

\*Reminder: One bag per practice at this time\*

## 2023 IN REVIEW

As the year comes to a close, the INHALE team wanted to highlight a few of the successes we've had in our first full year! We also want to extend our sincerest gratitude for your participation in the CQI. All of this wouldn't be possible without your dedication to patients across Michigan.

**We look forward to more wins in 2024!**

**111**  
resource bags shipped

First collaborative wide meeting held

First set of regional meetings held

Patient advisory board created

**1,110**  
valved holding chambers given to physicians

MTI pilot spirometry project kicked off

INHALE also had a very successful year of advocacy! The team was able to negotiate coverage for FeNO (fractional exhaled nitric oxide), preferred valved holding chambers, Symbicort and Dulera coverage for SMART, and billing for inhaler device education. We are committed to continuing our advocacy efforts and encourage all of our partners to do the same in the new year!



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inhalecqi.org



[inhale-support@med.umich.edu](mailto:inhale-support@med.umich.edu)



**INHALE**  
Inspiring Health Advances in Lung Care