Newsletter Highlights

GOLD 2025: What's new?

New Resources

Spirometry 101 Training

Lung Learning Lab - Series 2

Health Equity
Corner & Reminders

View the full GOLD
2025 Report here

GOLD 2025: What's New?

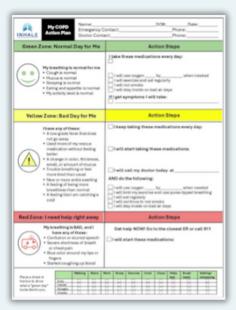
The Global Initiative for Chronic Obstructive Lung Disease (GOLD) released its 2025 updated version of the GOLD Chronic Obstructive Pulmonary Disease (COPD) report. Updates to the report include new sections on pulmonary hypertension, cardiovascular disease (CVD), and climate change.

Key Changes

- updated spirometry information that includes more comprehensive information on lower-limit of normal (LLN) values, z-scores, and reference values as well as more detailed information on pre- and postbronchodilator spirometry;
- a new section on cardiovascular risks in patients with COPD;
- information on new COPD therapies, namely ensifentrine and dupilumab;
- a new section on the management and treatment of patients with pulmonary hypertension-COPD;
- updated computed tomography (CT) information that covers emphysema, lung nodules, airways, and COPD-related morbidities;
- a new section on climate change and COPD.



New Resources Available



COPD Action Plan: based on the COPD Foundation's COPD Action Plan, this has been developed to mirror the green/yellow/red zone asthma action plan layout and focuses on action steps that the patient can take to manage their symptoms including medication escalation. Language has been simplified throughout to increase accessibility. This plan can be used to help patients understand their baseline and which symptoms require increased medications or medical attention.

Features: one-page, colorful, lower reading level, writeable PDF, action plans are highly recommended by GOLD 2025 guidelines.

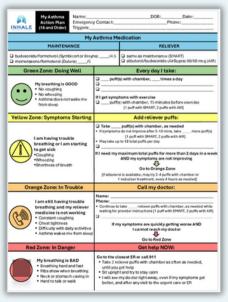
Access here



OCS-SABA Infographic: this patient-centered colorful infographic was developed in partnership with the Asthma Initiative of Michigan (MDHHS). It is focused on imparting the risks of both oral corticosteroid (OCS) and short-acting beta-agonist (SABA) overuse in asthma and could be used to review airway inflammation, poor control and risk for adverse outcomes.

Features: one-page, colorful, graphic, lower reading level, patient educational material.

Access here



SMART Asthma Action Plan: this asthma action plan has been designed to be used with patients using 'single maintenance and reliever therapy' (SMART) with ICS-formoterol medications. There are two plans, one for children 6 and older and one for patients that are 18+. These plans vary from the traditional green/yellow/red zone stoplight format and have a 4th zone (orange) added that takes increasing symptoms and need to escalate additional puffs into consideration.

Features: one-page, colorful, lower reading level, writeable PDF, action plans are highly recommended by GINA guidelines...

Access Here: 18+ Version or 6-17 Version

Training Opportunity: Spirometry 101

Pulmonary function testing is the gold standard set by the American Thoracic Society to diagnose asthma and COPD. This Spirometry 101 lesson will provide an overview of ATS standards and help professionals learn interpretation through the review of two case studies. It is free and can be completed at your own pace.





Lung Learning Lab - Series 2

All providers, including Clinical Champions, must attend 1 of 6 upcoming L3's or watch one on the INHALEarning Platform for VBR credit.

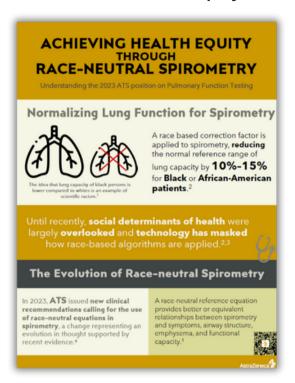
Presenter	Date	Topic
Dr. Wassim Labaki	1/16/2025	Personalizing COPD care: The role of phenotypes to guide advanced therapy selection
Dr. Wendy Wright	2/13/2025	Asthma management: Innovating to improve care
Dr. Wanda Phipatanakul	4/1/2025	Role of Biologics in Pediatric Asthma: Where are we now and into the future?
Dr. Meilan Han	5/13/2025	Early diagnosis of COPD
Dr. Paul O'Byrne	6/5/2025	Asthma exacerbations and their prevention
Dr. Toby Lewis	7/8/2025	Pediatric topic TBD



Health Equity Corner

Achieving Health Equity Through Race-Neutral Spirometry

In 2023, the American Thoracic Society issued new clinical recommendations in pulmonary function testing. <u>This two page infographic</u> explains more regarding health equity and race-neutral spirometry.





To read more about implementing the new clinical recommendations <u>click here</u>. As a reminder a written COPD Action Plan is recommended in GOLD 2025.



2025 Spring Regionals (Virtual)

- March 4th @ 6 8pm
- March 12th @ 6 8pm
- March 18th @ 6 8pm

Registration to open in Jan 2025
Practice Clinical Champions required to attend





MMIT: Coverage Search App



Your single source of reliable & current drug coverage & restriction information

Need to know if a drug is covered? MMIT's drug status information is updated nightly, ensuring you have the data points needed to guide prescribing decisions for your patients. Download on your iPhone, iPad or Mac today!









