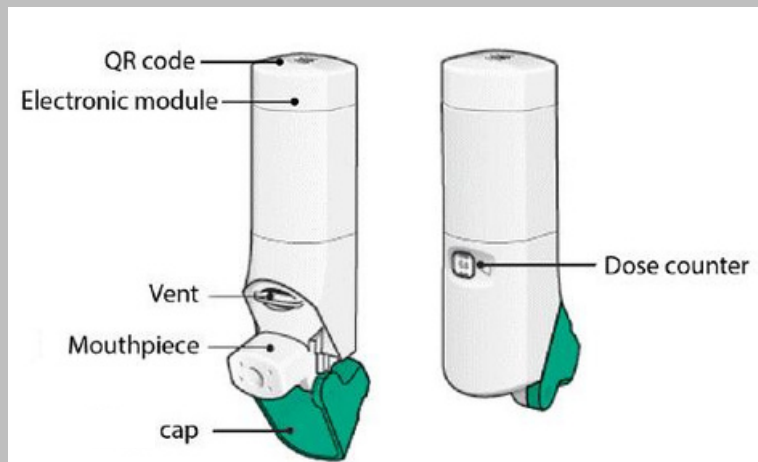


How to Use a Dry-Powdered Inhaler - Digihaler (DPI)

You have been prescribed an inhaled medication that is delivered through a dry-powdered inhaler, or DPI, called a Digihaler. Please follow these instructions when taking your medication.



How to Use a Digihaler

1. Hold the Digihaler upright and open the colored cap fully until you hear a click. The dose is now loaded. Do not close the cover without inhaling the medicine, or the dose will be lost.
2. Do not cover the air vents above the mouthpiece on the front of the Digihaler.
3. Be sure to hold the Digihaler upright until you take the dose.
4. Take a deep breath in, turn your head away from the Digihaler and breathe out all the way.
5. Place the Digihaler mouthpiece in your mouth. Make sure your teeth and tongue do not block the mouthpiece.
6. Breathe in quickly and as deeply as you can, and completely fill your lungs. Remove the Digihaler from your mouth while holding your breath for 5-10 seconds. Breathe out gently.
7. Close the Digihaler cap after you are done breathing in. Do not open the cap unless you are ready for your next dose.
8. Rinse your mouth thoroughly with water and spit out the water. Do not swallow the water. This will decrease the risk of a mouth infection called thrush (candida infection).

Dry Powdered Inhaler

DO

- Keep the Digihaler upright once the dose is set. Tipping the Digihaler after the dose is set may make the dose drop out of the inhaler before you breathe it in.
- Keep your Digihaler in a dry place at room temperature.
- Do pay attention to the dose counter on the back of the Digihaler. The device turns red when there are 20 doses left. This means that it is time to request a refill.

Unlike other inhaled medications, you may taste or feel the dry powder or there might be a slightly sweet taste. This may be different from what you are used to. As long as you follow the directions, you will get your full dose of medication.

DON'T

- Don't use or store the Digihaler in a room that gets humid, like a bathroom with a shower. Moisture from the humidity can make the dry-powder clump.
- Don't wash or put any part of your Digihaler in water.
- Never shake or breathe into the Digihaler.
- Never use a chamber or spacer with the Digihaler.

Common Digihaler Devices:



AirDuo



ProAir



ArmonAir

Resources

[General Information](#)

[Savings Program](#)

[Patient Hub](#)

[AirDuo Pharmaceutical prescribing information](#)

[ProAir Pharmaceutical prescribing information](#)

[ArmonAir Pharmaceutical prescribing information](#)



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