



INHALE

CLINICAL NEWSLETTER

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Formulary Resources

Medication access remains a top priority for INHALE, and we continue to work on ways to improve patient access and cost. A new addition to our site includes our **Prior Authorizations (PA) Tips and Tricks** document, highlighting strategies for improving efficiency and accuracy with processing PAs. Please note that formularies are determined by a patient’s prescription insurance plan, which many times, differs from their medical insurance plan. Usually, patients have a separate card for each plan, but this is not always the case. It may be helpful to collect both medical and prescription insurance information from patients at the time of check-in for their appointments. If prescription insurance information is available, the **MMIT app** is an excellent resource that is updated nightly with formulary data, providing potential alternatives and details of whether the medication requires step therapy or prior authorization. We have taken your feedback into consideration and the INHALE team is continuing to explore other medication access resources to further simplify this process!

Instructions for using the MMIT app can be found [here](#).



MMIT: Coverage Search App



Your single source of reliable & current drug coverage & restriction information

Need to know if a drug is covered? MMIT’s drug status information is updated nightly, ensuring you have the data points needed to guide prescribing decisions for your patients. Download on your iPhone, iPad or Mac today!

Search Coverage

coverage of all FDA approved drugs across 6,500 plans, updated nightly

Understand Restrictions

and drug status based on your patients' geography and plan channel

Identify Alternatives

based on what your patients' plans identify as covered alternatives

Guide Patients

based on up-to-date formulary status and restrictions for their plan

Clinical Resources on the INHALE website

INHALE Resource Library



As many providers and care team members navigate the challenges of clinical guideline updates and formulary changes, the INHALE team has compiled a variety of resources on our site <https://inhalecqi.org/>. If you haven't had a chance to browse the site yet, this information can be accessible through the "Resources" tab or through the "Toolkits" tab located at the top toolbar of the site.

From the "Resources" tab, you have the option to select a category from the listing, or you may use the "Search" or "Tags" options. Another useful feature includes the "Bookmark" preference (star symbol located near each resource), which allows for easier access of frequently requested documents.

Clinical resources are added often to the website, so make sure to check back for updates periodically! We are always open to suggestions if there is a resource you feel would be helpful to add to the site.

At any time if you have questions or suggestions for the INHALE team, please feel free to fill out the "Contact Us" (located at the top toolbar) form, or you may email INHALE-support@med.umich.edu.

Toolkits

Inhaler Education Toolkit

OCS Toolkit

Pulmonary Rehab Toolkit

Tobacco Cessation Toolkit

My Bookmarks



Sort By: ▼

Categories

- Asthma (72)
- COPD (60)
- For INHALE Members (41)
- For Patients (72)
- For Providers (64)

See 5 more

Tags

PYRLS 2025 Inhaler Chart

Pyrls creates pharmacotherapy resources designed by clinical pharmacists. This new inhaler products chart was updated to reflect current asthma and COPD inhalers on the market in 2025, including new more specific AB-rated and authorized generic availability indicators. This resource lists medication class, inhaler icons, indications and ages, device inhalations, along with QR code to administration guides. This resource and could easily be laminated and used as a provider resource or a patient tool to identify inhalers.



[Download this resource](#)

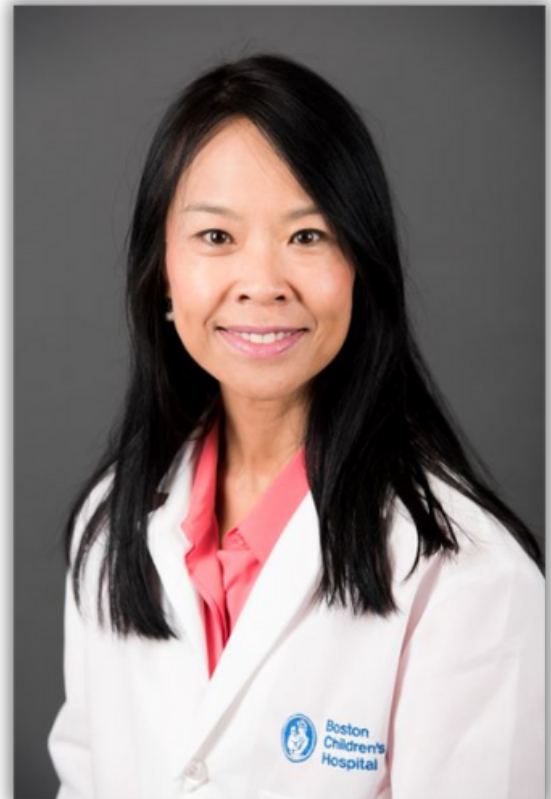
Lung Learning Lab Session 3

April 1st, 2025 12-1p

We are excited to host Dr. Wanda Phipatanakul who will be presenting on the role of biologics in pediatric asthma.

CME will be available for the live event and a recording of the session will be uploaded to the INHALEarning Platform, but CME will not be available.

REGISTER NOW



Patient Advisor Highlight

Advocating for increased education and warning sign awareness

Born in Flint, MI, Steve Kraus studied to be an engineer. He is now a retired engineer living in Howell with his wife. Steve joined INHALE's Patient Advisory Board to share educational resources with others and wants to highlight warning signs of breathing exacerbations. Steve is a 7 year single lung transplant survivor.



Steve will be sharing his experience at our Spring Regional Meetings.

More about Steve

What do you hope to accomplish as a member of the INHALE PAB?

"To make information concerning Asthma/COPD easy to find with simple to read information."

Steve's Background

Steve is a retired engineer from GM and lives with his wife Roxanne. Steve was born in Flint, MI.

Fun Fact:

Steve does light weight lifting and walking to maintain his lung health.

How did your patient experience impact your decision to serve on INHALE's PAB?

"The realization after a lung transplant how precious breathing is and how much we take it for granted."

Was there something special about INHALE that motivated you to join the Patient Advisory Board?

"Educate people about Asthma/COPD treatments, inhalers, warning signs. Bringing awareness to the warning signs of an exacerbation and at what point to seek emergency help."

What inspires you about lung health?

"Education, Education, Education."
Steve is also passionate about how our lived environments impact our health.

Health Equity Corner

Impacting COPD Outcomes - Challenges and Opportunities

CME Credits Available

Drs. Fernando Martinez, David Au, and Jamuna Krishnan discuss ways to overcome provider and practice-based healthcare disparities in the management of patients with COPD. This podcast discussion offers .25 CME hours for providers who are caring for patients with or at risk for COPD.

[Click here for more information](#)



Spring Regional Meeting Reminder

We are excited to see you at the Spring Regional Meetings! Here are a few important reminders:

- **Registration / Meeting Dates:**
 - Registration link below
 - Dates listed below
- **Attendance Requirements**
 - Practice Clinical Champions are **REQUIRED** to attend.
- **Virtual Meeting Participation:**
 - To receive full credit, please ensure:
 - Your camera is on and directed at you for the full duration of the meeting.
 - You attend at least 75% of the meeting

SAVE THE DATE

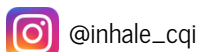
Spring Regionals (Virtual)

Registration is now open
 March 4th @ 6pm
 March 12th @ 6pm
 March 18th @ 6pm



Fall Regionals (in-person, locations TBD)

September 18th, 2025 6-8pm
 September 30th, 2025 6-8pm
 October 8th, 2025 6-8pm
 October 14th, 2025 6-8pm
 October 16th, 2025 6-8pm



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INHALE
 Inspiring Health Advances in Lung Care