

Quick Reliever Medicines

Short-Acting Beta₂-Agonists (SABA)

ProAir® Digihaler™ albuterol sulfate 117 mcg 	ProAir® HFA albuterol sulfate 90 mcg 	ProAir® RespiClick albuterol sulfate 117 mcg 	Proventil® HFA albuterol sulfate 120 mcg 	Xopenex HFA® levalbuterol tartrate 50 mcg 
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Short-Acting Muscarinic Antagonists (SAMA)

Atrovent® HFA ipratropium bromide 17 mcg C 	Atrovent® Neb ipratropium bromide 250/500 mcg G 
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Short-Acting Combinations (SABA-SAMA)












Combivent® Respimat® ipratropium bromide and albuterol 20/100 mcg C 	DuoNeb® ipratropium bromide and albuterol sulfate 0.5 mg-3 mg/3 ml G 
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How-To Videos



Maintenance/Controller Medicines

Inhaled Corticosteroids (ICS) asthma only

Alvesco® HFA ciclesonide 80/160 mcg 	ArmonAir™ RespiClick® fluticasone propionate 55/113/232 mcg 	Arnuity® Ellipta® fluticasone propionate 100/200 mcg 	Asmanex® HFA mometasone furoate 100/200 mcg 	Asmanex® Twisthaler® mometasone furoate 110/220 mcg 	Budesonide Inhalation Suspension .25 mg/2 ml, .5 mg/2 ml/1 mg/2 ml 	Flovent® Diskus® fluticasone propionate 50/100/250 mcg 	Flovent® HFA fluticasone propionate 44/110/220 mcg 	Pulmicort® Flexhaler® budesonide 90/180 mcg 	Pulmicort Respules® budesonide inhalation suspension .25 mg/2 ml, .5 mg/2 ml, 1 mg/2 ml 	QVAR® Redihaler™ beclomethasone dipropionate 40/80 mcg 
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Combination Therapy (Inhaled Corticosteroid - Long-Acting Beta₂-Agonists) (ICS-LABA)

Advair Diskus® fluticasone propionate and salmeterol 100/50, 250/50, 500/50 mcg 	Advair® HFA fluticasone propionate and salmeterol xinafoate 45/21, 115/21, 230/21 mcg 	AirDuo® RespiClick® fluticasone propionate and salmeterol 55/14, 113/14, 232/14 mcg 	Breo® Ellipta® fluticasone and vilanterol 100/25, 200/25 mcg 	Symbicort® budesonide and formoterol fumarate dihydrate 80/4.5, 160/4.5 mcg 	Dulera® mometasone furoate and formoterol fumarate dihydrate 50/5, 100/5, 200/5 mcg A 	Wixela™ Inhub™ fluticasone propionate and salmeterol xinafoate 100/50, 250/50, 500/50 mcg 
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Triple Therapy (ICS-LABA-LAMA)

Trelegy Ellipta fluticasone/vilanterol/umeclidinium 100/200 mcg 	Breztri Aerosphere® budesonide glycopyrrolate formoterol fumarate 160/9/4.8 mcg C 
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Long-Acting Muscarinic Antagonists (LAMA)

Incruse® Ellipta® umeclidinium 62.5 mcg C 	Spiriva® HandiHaler® tiotropium bromide 18 mcg 	Spiriva® Respimat® tiotropium bromide 1.25 mcg 	Tudorza™ Pressair™ aclidinium bromide 400 mcg C 
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Long-Acting Beta₂-Agonists (LABA) COPD only

Brovana® Neb arformoterol 15 mcg G 	Perforomist® Neb formoterol fumarate dihydrate 20 mcg 	Serevent® Diskus® salmeterol xinafoate 50 mcg 	Striverdi® Respimat® olodaterol hydrochloride 2.5 mcg 
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LAMA-LABA COPD only

Anoro Ellipta umeclidinium and vilanterol 55/22, 62.5/25 mcg 	Bevespi Aerosphere® glycopyrrolate and formoterol 9/4.8 mcg 	Stiolto® Respimat® olodaterol and tiotropium bromide 2.5/2.5 mcg 
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Add-On Medicines

Monoclonal Antibody (biologics, injection) **A**

Cinqair® reslizumab 100 mg	Dupixent® dupilumab 100/200/300 mg	Fasenra™ benralizumab 30 mg
Nucala® mepolizumab 100 mg	Tezspire™ tezepelumab-ekko 210 mg	Xolair® omalizumab 75/150 mg

PDE4 Inhibitor

Daliresp® roflumilast 250/500 mcg C 

Leukotriene Receptor Antagonists (LTRA)

Singulair® montelukast sodium 4/5/10 mg 
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Use a valved holding chamber/spacer

All HFA inhalers should be used with a compatible valved holding chamber/spacer.



Definitions

- ICS = Inhaled Corticosteroid
- ICS-LABA or LAMA-LABA = Combination Therapy
- ICS-LABA-LAMA = Triple Therapy
- LABA = Long-Acting Beta₂-Agonist
- LAMA = Long-Acting Muscarinic Antagonist
- LTRA = Leukotriene Receptor Antagonist
- SABA = Short-Acting Beta₂-Agonist
- SAMA = Short-Acting Muscarinic Antagonist

How to use your inhaler and spacer

MDI, DPI vs. Neb Inhalation Technique

Proper inhalation technique is important when using these medications.

Scan the QR Code to Access How-To Videos



Resources for Asthma and COPD

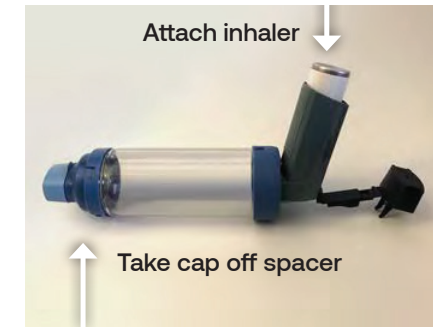
- **Asthma Care Quick Reference**
https://www.nhlbi.nih.gov/files/docs/guidelines/asthma_qrg.pdf
- **GOLD Reports for COPD**
www.goldcopd.org
- **American Lung Association**
www.lung.org/asthma www.lung.org/COPD



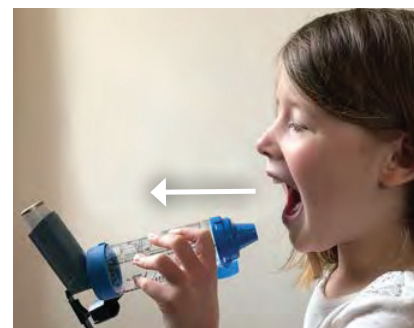
1. Take the cap off the inhaler



2. Shake the inhaler for 5 seconds



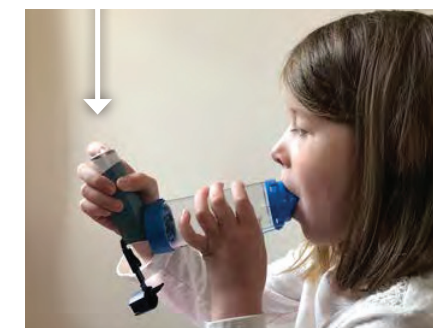
3. Attach to spacer and take cap off spacer



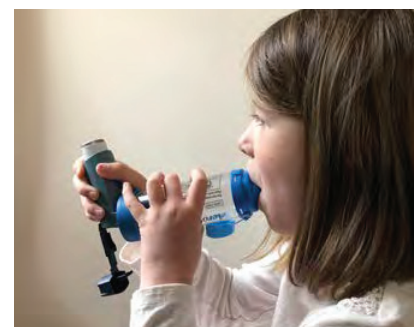
4. Breathe **OUT** all the way



5. Close lips around mouthpiece



6. Press down here



7. Breathe in **SLOWLY, DEEPLY**



8. Hold your breath for 10 seconds if you can. Then breathe out slowly.



If you need another puff of medicine, wait 1 minute then repeat steps 5-9.



9. Rinse with water and **SPIT OUT**

