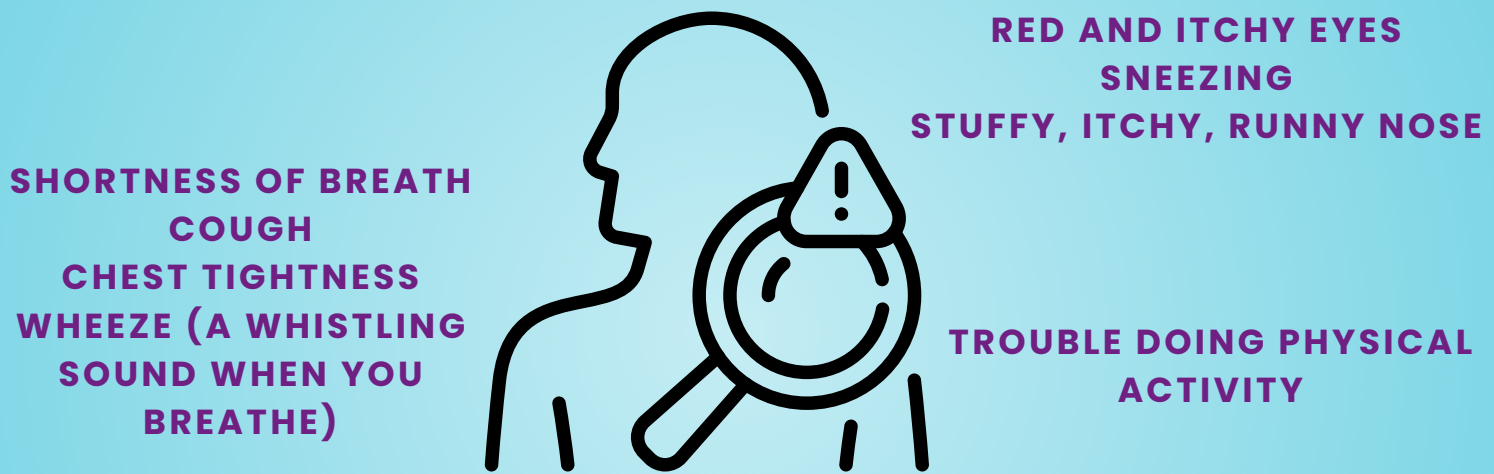


Asthma & Allergies

**If you have asthma, you might also have allergies.
You could be allergic to things like dust or pets.
Learn how allergies can make your asthma act up.**

What symptoms could I have?



What allergens could make my asthma worse?



How do I treat my allergies and asthma?

- Ask your doctor if you should see an allergy doctor
- Take your asthma medicine every day, not just when you feel bad
- Stay away from things you are allergic to
- Have an asthma action plan

SCAN TO LEARN MORE



**Asthma &
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CQI**

