



2023 GINA Stepwise Approach – 6 to 11 Years Old

GINA Steps	Step 1	Step 2	Step 3	Step 4	Step 5	
NAEPP Severity	Intermittent	Mild persistent	Moderate persistent	Severe persistent		
NAEPP Tx Steps	Step 1	Step 2	Step 3 or 4	Step 5	Step 6	
Symptoms	Less than two times/month and no risk factors for exacerbations	Two or more times/month, but not daily	<ul style="list-style-type: none"> • Most days <u>or</u> • Waking with symptoms once/week or more 	<ul style="list-style-type: none"> • Most days <u>or</u> • Waking with symptoms more than once/week • Plus low lung function 	Not controlled on lower step therapy	
Preferred	Daily Controller	No daily controller	Low dose ICS	<ul style="list-style-type: none"> • Low dose ICS-LABA <u>or</u> • Medium dose ICS <u>or</u> • Very low dose ICS-formoterol (SMART) 	<ul style="list-style-type: none"> • Medium Dose ICS-LABA <u>or</u> • Medium dose ICS <u>or</u> • Very low dose ICS-formoterol (SMART) • Refer to specialist 	<ul style="list-style-type: none"> • Add-on LAMA • Refer for phenotype assessment • Consider <ul style="list-style-type: none"> ○ Daily high dose ICS-formoterol ○ Add-on biologics
	As-needed Reliever	Low dose ICS taken with SABA	SABA	ICS-formoterol	ICS-formoterol	SABA
Alternative	Daily Controller	Consider low dose ICS	<ul style="list-style-type: none"> • LTRA <u>or</u> • Low dose ICS, with SABA as needed 	Low dose ICS with LTRA	<ul style="list-style-type: none"> • Add-on tiotropium <u>or</u> • Add-on LTRA 	<ul style="list-style-type: none"> • Add-on LAMA • Refer for phenotype assessment • Consider <ul style="list-style-type: none"> ○ Daily high dose ICS-formoterol ○ Add-on biologics
	As-needed Reliever	Low dose ICS taken with SABA	SABA	ICS-formoterol	ICS-formoterol	SABA