



## 2022 GINA Stepwise Approach – 6 to 11 Years Old

GINA Steps	Step 1	Step 2	Step 3	Step 4	Step 5	
NAEPP Severity	Intermittent	Mild persistent	Moderate persistent	Severe persistent		
NAEPP Tx Steps	Step 1	Step 2	Step 3 or 4	Step 5	Step 6	
Symptoms	Less than two times/month and no risk factors for exacerbations	Two or more times/month, but not daily	<ul style="list-style-type: none"> <li>• Most days <u>or</u></li> <li>• Waking with symptoms once/week or more</li> </ul>	<ul style="list-style-type: none"> <li>• Most days <u>or</u></li> <li>• Waking with symptoms more than once/week</li> <li>• Plus low lung function</li> </ul>	Not controlled on lower step therapy	
Preferred	Daily Controller	No daily controller	<ul style="list-style-type: none"> <li>• Low dose ICS-LABA <u>or</u></li> <li>• Medium dose ICS <u>or</u></li> <li>• Very low dose ICS-formoterol (SMART)</li> </ul>	<ul style="list-style-type: none"> <li>• Medium Dose ICS-LABA <u>or</u></li> <li>• Medium dose ICS <u>or</u></li> <li>• Very low dose ICS-formoterol (SMART)</li> <li>• Refer to specialist</li> </ul>	<ul style="list-style-type: none"> <li>• Add-on LAMA</li> <li>• Refer for phenotype assessment</li> <li>• Consider                             <ul style="list-style-type: none"> <li>○ Daily high dose ICS-formoterol</li> <li>○ Add-on biologics</li> </ul> </li> </ul>	
	As-needed Reliever	Low dose ICS taken with SABA	SABA	ICS-formoterol	ICS-formoterol	SABA
Alternative	Daily Controller	Consider low dose ICS	<ul style="list-style-type: none"> <li>• LTRA <u>or</u></li> <li>• Low dose ICS, with SABA as needed</li> </ul>	<ul style="list-style-type: none"> <li>• Low dose ICS with LTRA</li> </ul>	<ul style="list-style-type: none"> <li>• Add-on tiotropium <u>or</u></li> <li>• Add-on LTRA</li> </ul>	<ul style="list-style-type: none"> <li>• Add-on LAMA</li> <li>• Refer for phenotype assessment</li> <li>• Consider                             <ul style="list-style-type: none"> <li>○ Daily high dose ICS-formoterol</li> <li>○ Add-on biologics</li> </ul> </li> </ul>
	As-needed Reliever	Low dose ICS taken with SABA	SABA	ICS-formoterol	ICS-formoterol	SABA