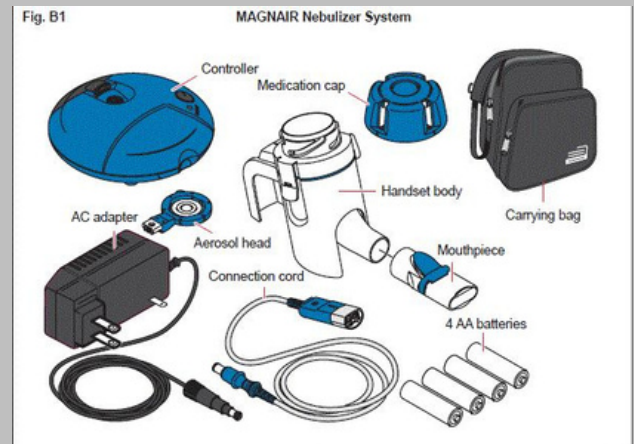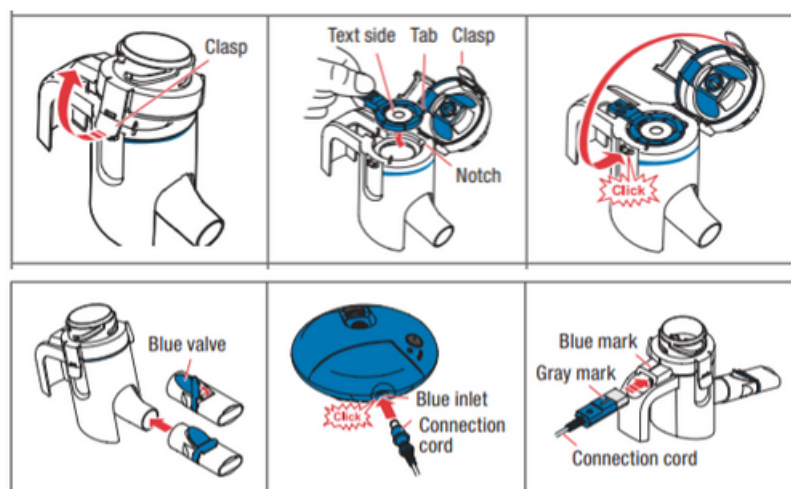# How to Use a Magnair Nebulizer

INHALE
Inspiring Health Advances in Lung Care

Some medications for COPD are taken by using a nebulizer, or NMT. Nebulizer treatments are also called breathing treatments. A nebulizer changes liquid medicine into a fine mist that you breathe into your lungs. The Magnair is a nebulizer system and should only be used with the medicine Lonhala.

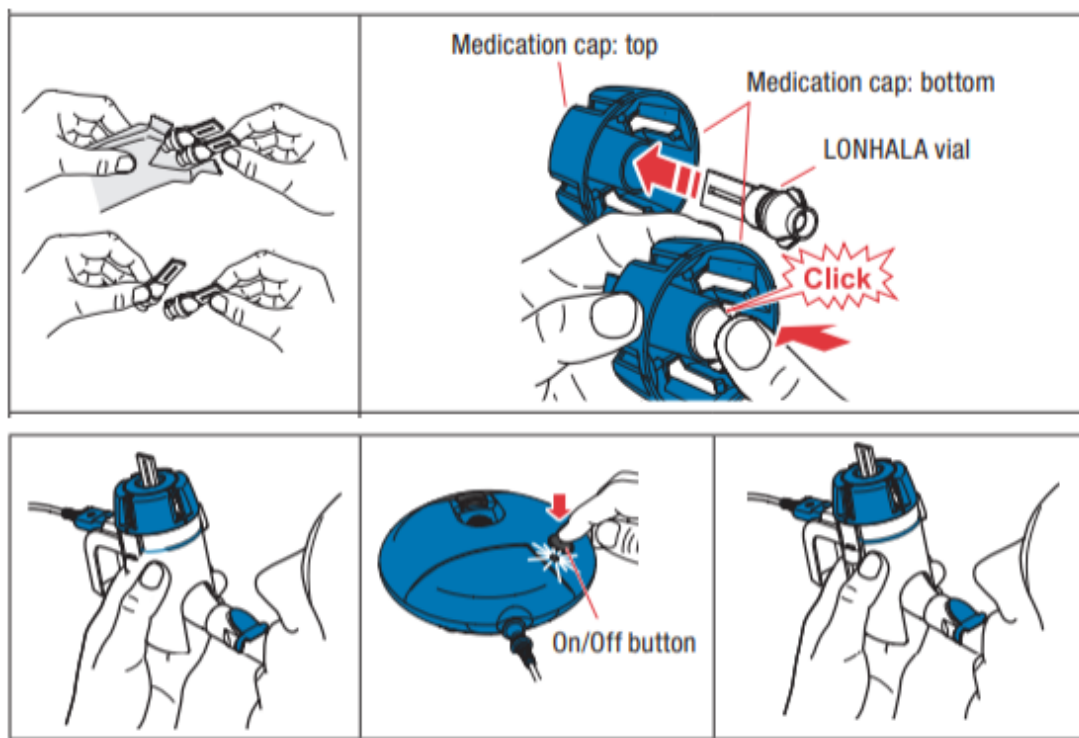Fig. B1   MAGNAIR Nebulizer System

Putting your Magnair together:

1. Wash and dry your hands
2. Open the top of the handset body by lifting the clasp
3. Insert the aerosol head into the headset with the side that has writing on it facing up. Do not touch the center of the aerosol head. There is a small tab on the aerosol head that should line up with a notch in the handset body.
4. Close the handset body. You may hear a "click".
5. Attach the mouthpiece to the handset body. Make sure that the blue valve is pressed down.
6. Connect the connection cord to the controller by inserting the round end of the cord into the plug hole in the controller. You may hear a "click".
7. Connect the square end of the connection cord into the handset in the plug hole above the handle (opposite of the mouthpiece).

Using the Lonhala Magnair:

1. Open the Lonhala foil pouch, separate the vials and return one vial to the opened foil pouch.
2. Insert one Lonhala vial into the bottom of the medication cap, thin side first, until it "clicks". The thin end of the vial will be sticking out from the medication cap.
3. Place the medication cap with the Lonhala vial on to the handset body (thin end of the vial on top) and turn the cap in a clockwise direction, until you hear a "click". The notch in the medication cap should lineup with the blue line on the handset body.
4. Insert the mouthpiece into your mouth. Do not tilt the handset or remove any part of the handset until the treatment is complete or you will not get your full treatment.
5. Press the on/off button on the controller to start your treatment.
6. Breath in and out normally through the mouthpiece.
7. Your treatment should take about 2 to 3 minutes. You will hear a beeping sound and the controller will shut off when the treatment is done.

Resources

Lonhala Magnair website:
https://www.lonhalamagnair.com/how-to-use-lonhala-magnair/using-a-nebulizer.html
Pharmaceutical Instructions for Use:
chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.lonhalamagnair.com/LonhalaMagnair-Instructions-for-Use.pdf

Cleaning the Handset:

1. Disconnect the handset from the connection cord by pulling out the cord.
2. Turn the medication cap to the right (counterclockwise) and remove it from the handset.
3. Place the top of the medication cap into the palm of your hand and push the thin part of the Lonhala vial to remove it from the medication cap. Throw away the vial into the wastebasket.
4. Remove the mouthpiece from the handset body by gently pulling and twisting it away from the handset body.
5. Carefully loosen the blue valve from the slot in the mouthpiece. Make sure the valve is still attached on one side to the mouthpiece.
6. Lift the clasp of the handset and, using the aerosol head handle, remove the aerosol head from the handset body. Be careful not to touch the aerosol head. Set aside the aerosol head to be cleaned separately.
7. Rinse all handset parts well with warm running water for about 10 seconds. Then wash everything in warm soapy water (use clear liquid dishwashing soap).
8. Clean the aerosol head the same way. Rinse each side in warm running water for 10 seconds; hold by the handle and swish back and forth in the warm soapy water for about 10 seconds. Then, rinse both sides well with warm running for another 10 seconds.
9. Shake excess water off all the parts and then air dry everything on a lint-free towel.

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