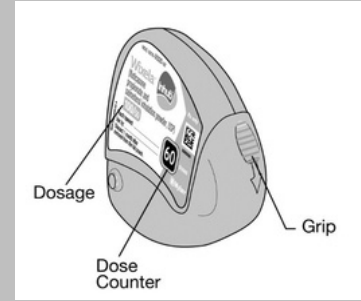
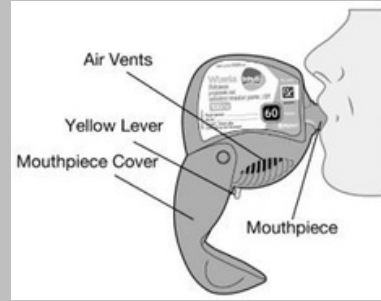


How to Use a Dry-Powdered Inhaler

Wixela Inhub (DPI)

You have been prescribed an inhaled medication that is delivered through a dry-powdered inhaler (DPI), called a Wixela Inhub. Please follow these instructions when taking your medication.



How to Use the Wixela Inhub:

1. Hold the Inhub in one hand so that the Inhub is vertical and perpendicular to the ground and put the thumb of your other hand on the grip. Lower the mouthpiece cover. This will open the Inhub. Now the loading lever and the mouthpiece are showing.
2. Keep the Inhub in the same direction and push the yellow lever down to the end of the purple arrows (you may hear a click). The dose is now set. Be sure to hold the Inhub in this position until you take the dose.
3. Take a deep breath in, turn your head away from the Inhub and breathe out all the way.
4. Place the Inhub mouthpiece in your mouth. Make sure your teeth and tongue do not block the mouthpiece.
5. Breathe in quickly and as deeply as you can, and completely fill your lungs. Remove the Inhub from your mouth while holding your breath for 5-10 seconds. Breathe out gently.
6. Close the Inhub by sliding the mouthpiece cover back over the mouthpiece and lever.
7. Rinse your mouth thoroughly with water and spit out the water. Do not swallow the water. This will decrease the risk of a mouth infection called thrush (candida infection).

Wixela Inhub

DO

- Keep the Inhub vertical and parallel to the ground once the dose is set. Tipping the Inhub after the dose is set may make the dose drop out of the inhaler before you breathe it in.
- Keep your Inhub in a dry place at room temperature.

DON'T

- Do not use or store the Inhub in a room, like a bathroom with a shower, that gets humid. Moisture from the humidity can make the dry powder stick together.
- Never shake or breathe into the Inhub.
- Never use a chamber or spacer with the Inhub.

Unlike other inhaled medications, you may taste or feel the dry powder or there might be a slightly sweet taste. This experience may be different from what you are used to. As long as you follow the directions, you will get your full dose of medication.

Follow the 5 steps below each time you take a dose.

1. Open your INHUB

- Hold the INHUB in one hand and with your other hand on the grip lower the mouthpiece cover from top to bottom.

2. Push down the lever.

- Hold the INHUB in the vertical position. Push the yellow lever down to the end of the purple arrows (you may hear a click).
- The INHUB is now ready to use.

Follow the instructions below so you will not accidentally waste a dose:

- Do not close the INHUB.
- Do not move the lever on the INHUB once pushed down.

3. Inhale your medicine.

- Before you breathe in your dose from the INHUB, breathe out (exhale) as long as you can while you hold the INHUB away from your mouth. Do not breathe into the mouthpiece.
- Put the mouthpiece to your lips. Breathe in quickly and deeply through the INHUB. Do not breathe in through your nose.
- Remove the INHUB from your mouth and hold your breath for about 10 seconds, or for as long as is comfortable for you.
- Breathe out slowly for as long as you can.
- The INHUB delivers your dose of medicine as a very fine powder that you may or may not taste or feel. Do not take an extra dose from the INHUB even if you do not taste or feel the medicine.

4. Close the INHUB

- Push the mouthpiece cover up to the closed position, this will automatically return the yellow lever to the start position. Make sure the INHUB is shut and you cannot see the mouthpiece.
- The dose counter will count down one dose as you close the mouthpiece cover. This will now tell you how many doses are left.
- The INHUB is now ready for you to take your next scheduled dose in about 12 hours.
- When you are ready to take your next dose, repeat Steps 1 through 4.

5. Rinse your mouth

- Rinse your mouth with water after breathing in the medicine. Spit out the water. Do not swallow it.

Resources

Wixela Inhub Website: <https://www.wixela.com/>

Wixela Inhub Savings: <https://www.wixela.com/en/savings-offer>

CHEST Foundation - Wixela Inhub Inhaler: chrome-

extension://efaidnbmnnnibpcajpcglclefindmkaj/https://foundation.chestnet.org/wp-content/uploads/2021/01/WIXELA-INHUB1-User-Guide-CHEST-Foundation.pdf



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