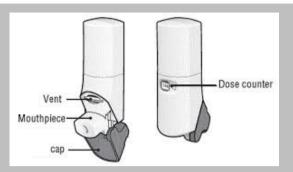


# How to Use a Dry-Powdered Inhaler RespiClick (DPI)

You have been prescribed an inhaled medication that is delivered through a drypowdered inhaler (DPI), called a RespiClick. Please follow these instructions when taking your medication.



#### How to Use the RespiClick:

- Hold the RespiClick upright and open the colored cap fully until you hear a click. The dose is now loaded. Do not close the cover without inhaling the medicine, or the dose will be lost.
- 2. Do not cover the air vents above the mouthpiece on the front of the RespiClick.
- 3. Be sure to hold the RespiClick upright until you take the dose.
- 4. Take a deep breath in, turn your head away from the RespiClick and breathe out all the way.
- 5. Place the RespiClick mouthpiece in your mouth. Make sure your teeth and tongue do not block the mouthpiece.
- 6. Breathe in quickly and as deeply as you can, and completely fill your lungs. Remove the RespiClick from your mouth while holding your breath for 5-10 seconds. Breathe out gently.
- 7. Repeat the steps above if more than one puff is prescribed.
- 8. Close the RespiClick cap after you are done breathing in. Do not open the cap unless you are ready for your next dose.
- 9. Rinse your mouth thoroughly with water and spit out the water. Do not swallow the water. This will decrease the risk of a mouth infection called thrush (candida infection).

# RespiClick

# DO

- Keep the RespiClick upright once the dose is set. Tipping the RespiClick after the dose is set may make the dose drop out of the inhaler before you breathe it in.
- Keep your RespiClick in a dry place at room temperature.
- Do use the dose counter. The dose counter on the back of the RespiClick turns red when there are 20 doses left. This means that it is time to request a refill.

# DON'T

- Do not use or store the RespiClick in a room that gets humid, like a bathroom with a shower. Moisture from the humidity can make the drypowder clump.
- Do not wash or put any part of your Digihaler in water.
- Never shake or breathe into the RespiClick.
- Never use a chamber or spacer with the RespiClick.

Unlike other inhaled medications, you may taste or feel the dry powder or there might be a slightly sweet taste. This may be different from what you are used to. As long as you follow the directions, you will get your full dose of medication.

#### **ProAir RespiClick**



# AirDuo RespiClick



# Resources

# ProAir RespiClick Website: https://www.proair.com/respiclick ProAir RespiClick Website for Kids:

https://www.proair.com/respiclick/childhood-asthma/ AirDuo RespiClick Website: https://hcp.myairduo.com/using-airduo/ American Lung Association - How to Use a RespiClick Dry Powder Inhaler:

> https://www.lung.org/lung-health-diseases/lung-diseaselookup/asthma/treatment/devices/respiclick



# contact@inhalecqi.org