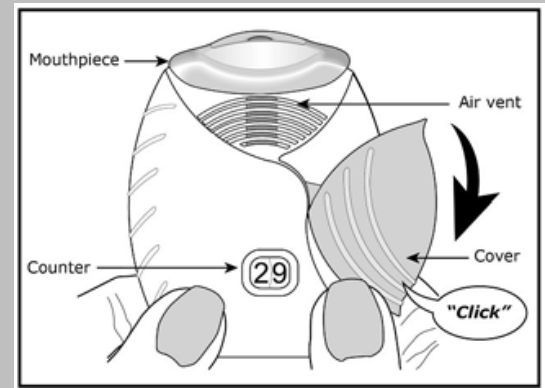


# How to Use a Dry-Powdered Inhaler Ellipta (DPI)

You have been prescribed an inhaled medication that is delivered through a dry-powdered inhaler (DPI), called an Ellipta. Please follow these instructions when taking your medication.



## How to Use an Ellipta:

1. Hold the Ellipta in one hand so that the cover is upright and slide the cover to open the Ellipta. The dose is now loaded. If you open and close the cover without inhaling the medicine, the dose will be lost.
2. Be sure to hold the Ellipta upright until you take the dose. Do not block the air vents with your fingers.
3. Take a deep breath in, turn your head away from the Ellipta and breathe out all the way.
4. Place the Ellipta mouthpiece in your mouth. Make sure your teeth and tongue do not block the mouthpiece.
5. Breathe in quickly and as deeply as you can, and completely fill your lungs. Remove the Ellipta from your mouth while holding your breath for 5-10 seconds. Breathe out gently.
6. Close the Ellipta by sliding the mouthpiece cover back over the mouthpiece and lever.
7. Rinse your mouth thoroughly with water and spit out the water. Do not swallow the water. This will decrease the risk of a mouth infection called thrush (candida infection).

# Ellipta

## DO

- Keep the Ellipta upright and vertical once the dose is set. Tipping the Ellipta after the dose is set may make the dose drop out of the inhaler before you breathe it in.
- Keep your Ellipta in a dry place at room temperature.

Unlike other inhaled medications, you may taste or feel the dry powder or there might be a slightly sweet taste. This may be different from what you are used to. As long as you follow the directions, you will get your full dose of medication.

## DON'T

- Do not use or store the Ellipta in a room, like a bathroom with a shower, that gets humid. Moisture from the humidity can make the dry-powder stick together.
- Never shake or breathe into the Ellipta.
- Never use a chamber or spacer with the Ellipta.



**Trelegy**



**Anoro**



**Incruse**



**Breo**



**Arnuity**

## Resources

**Breo Ellipta Website:** <https://www.mybreo.com/>

**Trelegy Ellipta Website:** <https://www.trelegy.com/>

**Anoro Ellipta Website:** <https://www.anoro.com/>

**Arnuity Ellipta Website:** <https://arnuity.com/>

**Incruse Ellipta Website:** <https://incruise.com/>

**American Lung Association - How to Use an Ellipta DPI:**  
<https://www.lung.org/lung-health-diseases/lung-disease-lookup/asthma/treatment/devices/ellipta>

