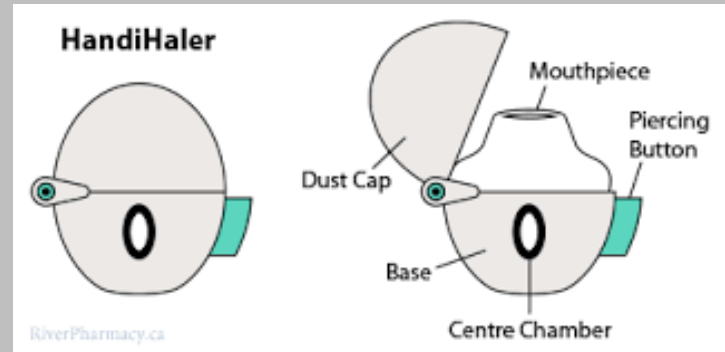


# How to Use a Dry-Powdered Inhaler

## HandiHaler (DPI)

You have been prescribed an inhaled medication that is delivered through a dry-powdered inhaler, or DPI, called a HandiHaler. Please follow these instructions when taking your medication.



### How to Use a HandiHaler

1. Each capsule for the HandiHaler is individually wrapped on a blister card of multiple capsules. When you are ready to use a capsule, separate one blister pack from the blister card (tear along the perforation). Take the capsule out of the blister pack by peeling back the corner of the blister packs with the arrow.
2. Open the cover of the HandiHaler by pressing the green button on the side of the device. Lift the cover.
3. Open the mouthpiece of the HandiHaler by lifting the mouthpiece ridge.
4. Place the capsule in the hole in the center of the fully opened HandiHaler.
5. Close the mouthpiece. You will hear a click when the mouthpiece is closed.
6. Continue to hold the HandiHaler upright with the mouthpiece up.
7. Press the green button on the side of the HandiHaler once firmly. This pierces the capsule, so the medicine is available to breathe in. You will only need to press the button once. This punctures the capsule and releases the powdered medicine that you will inhale.
8. Be sure to hold the HandiHaler upright until you take the dose.
9. Take a deep breath in, turn your head away from the HandiHaler and breathe out all the way.
10. Place the HandiHaler mouthpiece in your mouth. Make sure your teeth and tongue do not block the mouthpiece.
11. Breathe in slowly and as deeply as you can, and completely fill your lungs. You should hear the capsule vibrating. To get a full dose, you must again, breathe out completely and for a second time, breathe in from the same capsule. Do not pierce the capsule again or use another capsule.
12. Open the mouthpiece and throw away the used capsule. Do not touch the capsule once it has been pierced.
13. Close the HandiHaler cover. Keep the cover on the HandiHaler closed when not in use.

# HandiHaler

## DO

- Keep the HandiHaler upright once the dose is set. Tipping the HandiHaler after the dose is set may make the dose drop out of the inhaler before you breathe it in.
- Keep your HandiHaler capsules in a dry place at room temperature.

## DON'T

- Do not use or store the HandiHaler in a room that gets humid, like a bathroom with a shower. Moisture from the humidity can make the capsules dissolve.
- Do not wash or put any part of your HandiHaler in water.
- Never shake or breathe into the HandiHaler.
- Never use a chamber or spacer with the HandiHaler.

Unlike other inhaled medications, you may taste or feel the dry powder or there might be a slightly sweet taste. This may be different from what you are used to. If you follow the directions, you will get your full dose of medication.

