



2023 GINA Stepwise Approach – 0 to 5 Years Old

| GINA Steps | Step 1 | Step 2 | Step 3 | Step 4 | Step 5 | |
|--------------------|---|--|---|--|---|--|
| NAEPP Severity | Intermittent | Mild persistent | Moderate persistent | Severe persistent | | |
| NAEPP Tx Steps | Step 1 | Step 2 | Step 3 or 4 | Step 5 | Step 6 | |
| Symptoms | Infrequent viral wheezing and no or few symptoms between viral episodes | Wheezing episodes requiring SABA 3 or more times per year | <ul style="list-style-type: none"> Asthma not well-controlled on low dose ICS most days <u>or</u> Waking with symptoms once/week or more | <ul style="list-style-type: none"> Asthma symptoms not controlled on lower step therapy most days <u>or</u> Waking with symptoms more than once/week Plus low lung function | | |
| Preferred | Daily Controller | No daily controller | Low dose ICS daily | Double initial low dose ICS daily | <ul style="list-style-type: none"> Maintain double initial low dose ICS Refer to specialist | |
| | As-needed Reliever | SABA | | | | |
| Alternative | Controller | At onset of viral respiratory illness if no symptoms between viral episodes: as-needed high dose ICS | <ul style="list-style-type: none"> Daily LTRA <u>or</u> Short course of as-needed low dose ICS, with SABA at onset of respiratory illness | <ul style="list-style-type: none"> Low dose ICS with LTRA Consider referral to specialist | <ul style="list-style-type: none"> Daily add LTRA <u>or</u> Daily ICS-LABA (age >4) <u>or</u> At onset of viral respiratory illness: add intermittent high dose ICS to regular dose Refer to specialist | Refer to specialist for phenotype assessment |
| | As-needed Reliever | SABA | | | | |