



2022 GINA Stepwise Approach – 0 to 5 Years Old

GINA Steps	Step 1	Step 2	Step 3	Step 4	Step 5	
NAEPP Severity	Intermittent	Mild persistent	Moderate persistent	Severe persistent		
NAEPP Tx Steps	Step 1	Step 2	Step 3 or 4	Step 5	Step 6	
Symptoms	Infrequent viral wheezing and no or few symptoms between viral episodes	Wheezing episodes requiring SABA 3 or more times per year	<ul style="list-style-type: none"> Asthma not well-controlled on low dose ICS most days <u>or</u> Waking with symptoms once/week or more 	<ul style="list-style-type: none"> Asthma symptoms not controlled on lower step therapy most days <u>or</u> Waking with symptoms more than once/week Plus low lung function 		
Preferred	Daily Controller	No daily controller	Low dose ICS daily	Double initial low dose ICS daily	<ul style="list-style-type: none"> Maintain double initial low dose ICS Refer to specialist 	
	As-needed Reliever	SABA				
Alternative	Controller	At onset of viral respiratory illness if no symptoms between viral episodes: as-needed high dose ICS	<ul style="list-style-type: none"> Daily LTRA <u>or</u> Short course of as-needed low dose ICS, with SABA at onset of respiratory illness 	<ul style="list-style-type: none"> Low dose ICS with LTRA Consider referral to specialist 	<ul style="list-style-type: none"> Daily add LTRA <u>or</u> Daily ICS-LABA (age >4) <u>or</u> At onset of viral respiratory illness: add intermittent high dose ICS to regular dose Refer to specialist 	Refer to specialist for phenotype assessment
	As-needed Reliever	SABA				