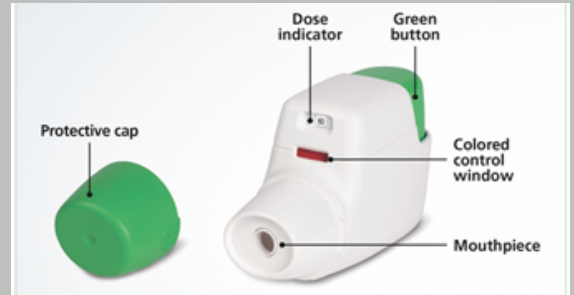


How to Use a Dry-Powdered Inhaler Pressair (DPI)

You have been prescribed an inhaled medication that is delivered through a dry-powdered inhaler, or DPI, called a Pressair. Please follow these instructions when taking your medication.

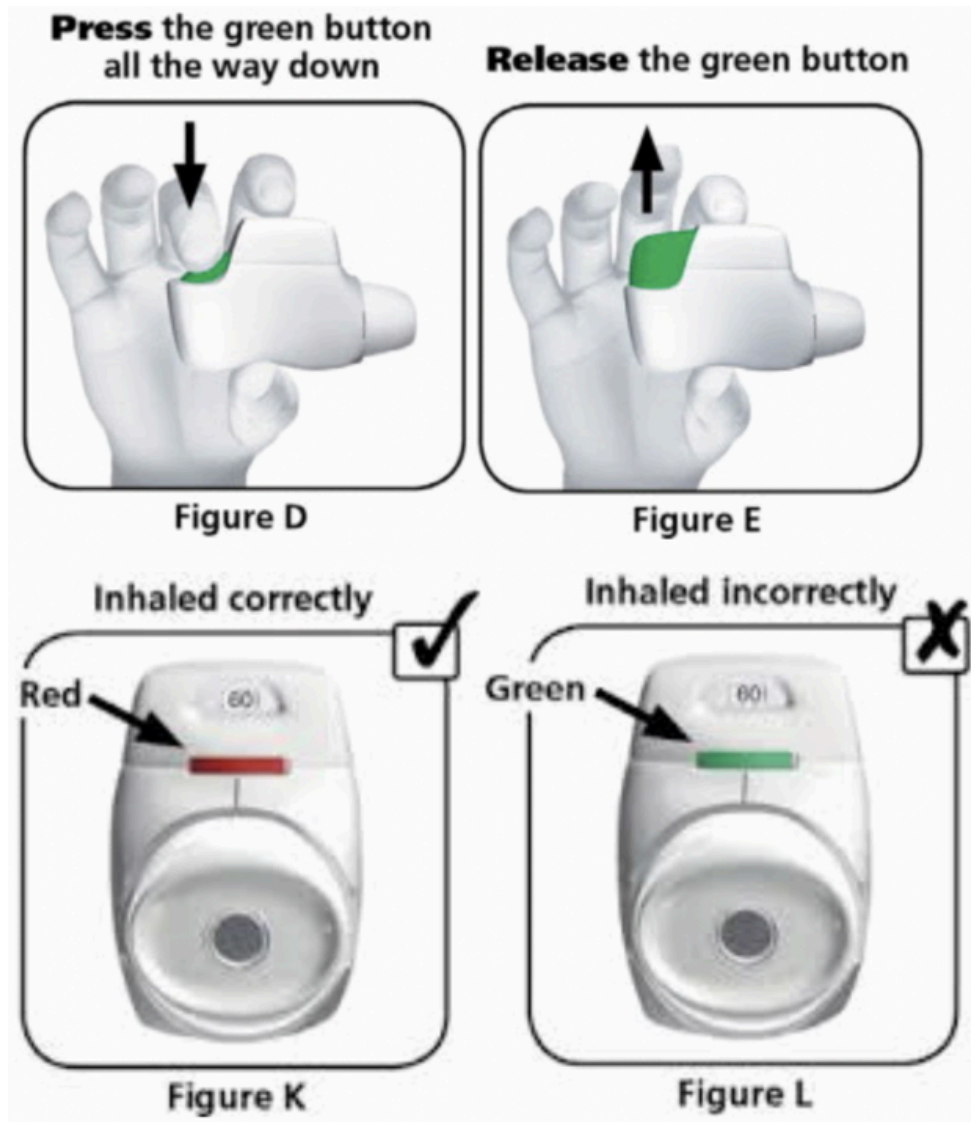


How to Use a Pressair:

1. Remove the cap by lightly squeezing the arrows marked on each side of the cap and pulling toward you.
2. Hold the Pressair with the mouthpiece facing you. The green button should be facing straight up.
3. Before putting the inhaler into your mouth, press the green button all of the way down and then release the button. This will load the medicine.
4. The control window (above the mouthpiece) should now be green. If the control window is still red, press the and release the green button again.
5. Hold the Pressair with the mouthpiece facing you.
6. Take a deep breath in, turn your head away from the Pressair and breathe out all the way.
7. Place the Pressair mouthpiece in your mouth. Make sure your teeth and tongue do not block the mouthpiece.
8. Breathe in quickly and as deeply as you can, completely filling your lungs. You will hear a click sound. Continue to take a full, deep breath in to make sure to get the full dose. Do not hold down the green button as you are inhaling.
9. Take the Pressair out of your mouth and breathe normally.
10. Check the control window to see if it has turned red (from green).
 - a. If the window is red, you have inhaled your full dose of medicine.
 - b. If the window is still green, inhale again rapidly and deeply.
 - c. Let your health care provider know if you are not able to inhale the medicine correctly after several tries.
11. Close the Pressair cover. Keep the cover on the Pressair closed when not in use.
12. It is not necessary to clean the Pressair device, but you may wipe the outside of the mouthpiece with a dry paper towel. Do not use water to clean the device.

Important Things to Know

- The “click” that you hear while inhaling tells you that you are using the Pressair inhaler correctly.
- When you use the inhaler correctly the colored control window changes from green to red.
- Each time you are ready to use the Pressair inhaler again, you will need to make sure the inhaler is ready by pressing and releasing the green button. When you press and release the green button the colored control window will change from red to green.



Resources

[Breztri Pressair Inhaler](#)

[Breztri Cost Assistance](#)

[Tudorza Pressair Inhaler](#)

[National Jewish Health - Pressair](#)

[Chest Foundation - How to Use Your Pressair Inhaler](#)



inhale-support@med.umich.edu